



# The CDE Diabetes Management Programme

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## Diabetes Management Programme ~ Member Application & Consent Form

*Fax completed form to: 086 560-5182 or e-mail a scanned copy to [members@cdecetre.co.za](mailto:members@cdecetre.co.za)*

**This form must be completed fully**

CDE Doctor Name: \_\_\_\_\_ CDE Centre No: \_\_\_\_\_

Patient Surname: \_\_\_\_\_

Patient First Names: \_\_\_\_\_

Date of Diagnosis: \_\_\_\_\_

Diagnosing Doctor: \_\_\_\_\_

Medical Aid: \_\_\_\_\_

Medical Aid Option: \_\_\_\_\_

Medical Aid No. & Dep. code: \_\_\_\_\_

Principal Member Name: \_\_\_\_\_

Patient Postal Address: \_\_\_\_\_

Patient home tel. no: (\_\_\_\_) \_\_\_\_\_

Patient work tel. no: (\_\_\_\_) \_\_\_\_\_

Patient cell number: (\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Patient I.D. Number: \_\_\_\_\_

How did you hear about the CDE Diabetes Management Programme (DMP)? \_\_\_\_\_

### Important Information

Please tick the appropriate box

Type 1  Type 2

Insulin Requiring?

Non Insulin requiring?

Insulin/s currently used: \_\_\_\_\_

Diabetes tablets used: \_\_\_\_\_

Gender: Male  Female

To be completed by a representative of a CDE Centre

The Patient (or guardian) has had a full explanation of the functioning of the DMP, and according to my assessment, understands the implications of joining the DMP

Signature of CDE Centre Representative: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Falling to supply all required information will either delay your application or cause it to be rejected  
Fax completed form to: 086 560-5182 or Post it to PO Box 2900, Saxonwold, 2132

Diabetes Management Programme (DMP)

## ACCEPTANCE OF THE DIABETES MANAGEMENT PROGRAMME (DMP)

I, \_\_\_\_\_, do hereby agree to join the Diabetes Management Programme, administered by the Centre for Diabetes and Endocrinology (Pty) Ltd (CDE). I confirm that the Programme has been explained to me and I accept the Benefits and the Rules of the Programme as stated below.

I understand that

- Whilest I am a valid member of the Programme, I shall be entitled to the benefits of the Programme, at no cost to myself. Such benefits include diabetes medication, consultations with a doctor specialising in diabetes, a specialist diabetes nurse, dietician, podiatrist, diabetes education, counselling, and access to a 24-hour "Hotline".
- I may only receive benefits if I am a valid and paid up member of a participating medical aid, and that should I receive benefits whilst not such a member, I shall personally be held liable for payment of such services;
- The benefits of the Programme may only be obtained from a service provider authorised by the CDE and that should I obtain diabetes care or medication from any other source whilst on the Programme, I may be held personally responsible for payment of such services and / or medication;
- In the event of an emergency, the Diabetes Management Programme Administrators, without assuming liability, will use their best endeavours with regard to the provision of emergency supplies of insulin.

**NB. Missed appointments will be charged to the patient (for immediate settlement of account)**

I also undertake to notify the Centre for Diabetes and Endocrinology (Pty) Ltd. in the event of my medical aid status or details changing, within 7 (seven) days of such change. Should I wish to withdraw from the Diabetes Management Programme I shall give one calendar month notice in writing, to the CDE, or my CDE doctor.

I authorise the Centre for Diabetes and Endocrinology (Pty) Ltd. and my medical aid society to have access to my medical records, for the purpose of utilisation, review and quality assurance, and I waive the provision of any law or regulation restricting the giving of such information.

I understand that failure to comply with the rules of the Programme shall entitle the DMP administrators to terminate my participation in the Programme with immediate effect.

Signed: \_\_\_\_\_ (Member / Patient)

Signed: \_\_\_\_\_ (Legal guardian where patient is a minor)

Medical Aid: \_\_\_\_\_

Medical Aid No: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

### IMPORTANT

**IF YOU DO NOT FULLY UNDERSTAND THE WAY THE DIABETES PROGRAMME OPERATES, PLEASE CONTACT THE CDE CENTRAL OFFICE (011 712-6000). FOR A FULL EXPLANATION, ASK FOR NONSA, MERLE OR BETHWELL**

**It is the patient's responsibility to confirm that their membership on the Programme has been approved**  
Please call 011 712-6000 to confirm membership

## *Patient Information Sheet*

### **The Diabetes Management Programme (DMP)**

The DMP is a comprehensive and all-inclusive diabetes treatment programme that is provided to eligible members of contracted medical aid schemes. Persons with diabetes, who are members of contracted medical aid schemes, may elect to join the DMP, and receive the benefits of the Programme. There is no joining fee, and all services are provided at no cost to the patient. The DMP is designed to enhance good health and well-being, and our results show that we achieve this.

#### ***What services are provided?***

Each person on the DMP is entitled and encouraged to receive a full range of consultation services. The following is considered the MINIMUM that any person on the Programme should receive per year:

- Consultations with a doctor, accredited in diabetes care (at least 2 per year);
- Consultations with a diabetes educator / coach (at least 2 per year);
- Consultations with a dietitian, knowledgeable in diabetes (at least 1 per year);
- Consultations with a podiatrist, knowledgeable in the management of the diabetic foot (at least 1 per year);
- Screening consultation with an ophthalmologist (1 per year).

Secondly, persons on the DMP also receive all of their monthly medication and testing requirements, including:

- All insulins, and needles, all oral hypoglycaemic agents (Diabetes tablets), a testing meter, all test strips, an emergency glucagon hypo-kit where indicated and Ketone test strips (for patients with type 1 diabetes).

Thirdly, all persons on the DMP also receive all the necessary blood tests, for effective diabetes management:

- HbA<sub>1c</sub>, Lipogram (cholesterol and triglycerides), Microalbumin, Potassium, Creatinine and other indicated tests.

Finally, all persons on the DMP have access to a 24-hour emergency hotline facility, to assist in diabetes emergencies.

***Please note: non-diabetes related services are not included as part of the Programme benefits. Services over and above the minimums stated above will be provided according to clinical need at the discretion of your CDE Doctor***

#### ***Who pays for the services?***

To cover the costs of the services, medications, testing strips and laboratory tests provided, contracted medical aid schemes pay a monthly per patient fee to the CDE (a capitation fee). This is a set fee, and does not vary from month to month. By receiving this fee, the DMP is able to cover the costs of services provided. This means that members of the DMP do not pay anything for the DMP services they receive. No co-payments are levied. For as long as the medical aid scheme pays the monthly per patient fee, each member of the DMP is entitled to receive services via the DMP, at no cost to them.

#### ***Who provides the services?***

Persons with diabetes on the DMP are assigned to a contracted doctor, who is accredited by the CDE in diabetes care. This doctor has the responsibility to "look after your diabetes" and facilitate your diabetes self-management. Each patient has full choice as to which provider he or she would like to be assigned to, for his or her diabetes care. Importantly, while you are a member of the DMP, only this doctor should be consulted for your diabetes. You will be referred to other service providers (diabetes nurse educators, dieticians, podiatrists and ophthalmologists), during each year of your membership on the Programme.

#### ***How do I become a member?***

If you are a member of a contracted medical aid scheme, fill in the "Member Application & Consent Form" overleaf and have the DMP explained to you. Your application will then be sent through to your medical aid scheme for verification and approval. Once this occurs, your monthly membership of the DMP will commence. You may elect to withdraw from the Programme at any stage. For assistance, please phone 011 712-6000 (08h30-17h00, Monday to Friday) and ask to speak to Nomisa, Merle or Bethwell.